



Zorra Skating Club

President's Message

October/November 2019

The Zorra Skating Club is excited to welcome everyone to the 2019-20 skating season. To our new skaters, we hope this is the beginning of your love of skating and many years of participation in our club. To our many returning skaters, welcome back! We hope this is a successful year, filled with fun and achieving personal goals.

Our board of directors is a volunteer group who work alongside our professional coaches to provide the best programming possible and we all work under the direction of Skate Canada. Our professional coaches have many years of coaching experience and have helped many young skaters realize their potential, including myself as a former ZSC Skater. All of our coaches are Skate Canada certified and have First Aid training and Respect in Sport training. On the ice you will see Jaclynne McIntyre and Beth Lochhead coaching both nights of our CanSkate program, as well as on our Junior/Intermediate sessions. Melissa Wilde is coaching on our Junior/Intermediate sessions, and Debbie Roefs can be found coaching on the Senior session and teaching private lessons throughout the week. Should you have any questions regarding the progress of your child, please feel free to speak to the coach on their session. Report cards will be distributed in December and April as a way to communicate how your child's skills are progressing.

Program Assistants are an important part of our programming. You will find these volunteers on the ice, assisting skaters in their small groups. They are typically dressed in black and have name tags to identify them as part of our program. The Program Assistants have been trained by our coaching staff and report directly to them on the ice. They are caring individuals that volunteer, helping out for the love of skating. We are thankful they are willing to lend a hand.

Newsletters are distributed periodically throughout the skating season via email. These help keep you informed and alert you to upcoming events. You can also check our bulletin board for information and updates; it is located in the hallway heading down to the change rooms. Updates may come via email throughout the skating season, and you can find Zorra Skating Club on Facebook. In the rare case of lessons being cancelled due to inclement weather, that will be posted to Facebook as well as an email sent out.

Fundraising is a very important part of the success of our club, without it we would not be able to keep our registration fees reasonable. We thank all of you who have already contributed by working at community events or by selling product.

The Board of Directors are always happy to hear your positive feedback and willing to listen to any concerns you may have. You can speak to us in person at the rink or our contact information can be found on our website at www.zorraskatingclub.ca. Please remember we are all volunteers and will return emails as soon as we are able. We look forward to seeing all of our skaters' progress in the coming weeks and months.

- Angela Langlois

ZSC President 2019-2020

HALLOWEEN

Canskate: Wednesday, Oct. 30th
(All Wednesday and Friday skaters)

CanSkate A: 5:50 - 6:20 CanSkate B: 5:30-6:20

Junior/Int./Senior: Monday, Oct. 28th
(All Monday and Thursday skaters)

Note Time Change: Senior B Skaters 6:40-8:25pm

**Skaters must be able to skate in costumes, no masks, and
CanSkaters must wear helmets.**



The Zorra Skating Club Coaching Staff would like to welcome all our skating families to another action packed winter season. We have many exciting activities planned, the first being a Halloween Party. Our Skaters may wear costumes but they should be safe to skate in. We recommend that your skater NOT wear a Mask as it limits their vision. Canskater's should still wear their helmets. Junior, Intermediate and Senior Skaters may wear costumes but their session will run as usual for the most part. Ribbons will be awarded for best costumes on all sessions.

Safety is our First Priority

We would like to thank all the parents who informed the Club of health risks concerning their children. Even minor conditions such as impaired hearing, sight or attention problems are things we should know about. If you forgot to mention any health concerns prior to skating would you please let us know. This will enable us to conduct our skating sessions in a safe and productive manner.

Did you know that we take attendance each day? If there is an emergency evacuation and it's necessary to get your children off the ice quickly. The Professional Coaching Staff have trained the Program Assistants to take your children off the closest exit leading from the ice. Attendance will be taken again to ensure that all our skaters are accounted for. You as parents are asked to meet us there even if you have your child.

Unruly behaviour can cause a Safety Risk to ALL the skaters on the ice. On occasion, a skater may receive a "Time Out" from one of our Professional Coaches in the form of a penalty for unsportsmanlike conduct. This would be serviced in the penalty box. If the behaviour continues they may be asked to leave the ice.

Skating Equipment

Please remember your skater can only perform as well as their equipment allows. Properly fitted skates are essential. If your child's ankles are either leaning in or out, then there's definitely a problem. It's imperative that their ankles are well supported and that the blades are mounted correctly. Occasionally a skater may have a foot problem that can cause this. Moving the blade can sometimes help. Proper blade sharpening is crucial.

If at any time you have questions or concerns about your skater, feel free to talk to any of the Professional Coaching Staff when they are off the ice or by phone or email. We love to talk about skating!

The Katelynn Innes Memorial Fun Competition for our Monday and Thursday skaters will be held Nov 28th. The theme this year is "The Lion King". Skaters are to dress up in any costume related to the movie (which could be any animal, insect or plant that would be found in that environment).

Coaching Staff 2019 - 2020

CanSkate Sessions:

Jaclynne McIntyre & Beth Lochhead

Junior and Intermediate Starskate

Monday – Melissa Wilde & Beth Lochhead

Thursday – Melissa Wilde & Jaclynne McIntyre

Senior A & B Group Instruction:

Deb Roefs

Off-Ice Training:

By StarSkaters Private Coach

Harness/Jump Training:

Jaclynne McIntyre

Coaches Rep:

Debbie Roefs

**** Please note: You will notice from time to time additional coaches on the ice giving private instruction. These coaches have been hired by the skaters parents to give their child extra one on one instruction (Private Lessons). This will give their skater the opportunity to compete in local Competitions and/or advance at a quicker rate. Any parent interested in private or semi private lessons for their skater should ask a Professional Skating Coach.***



Rowan's Law

Rowan's Law is a new law in place for concussion awareness and safe return to sport. It applies to all sports organizations and all of our skaters had to have a declaration signed before starting the season. If you experience a concussion outside of skating, it is important that the club knows about it and you are cleared by a doctor before you return to skating.

Fundraising

The Elmira Chicken orders will be delivered to the arena for pick up on Friday, November 1st. You may pick up your order anytime between 5:30-6:20 pm at the arena. If you are unable to pick up your order, please make arrangements for someone to come and pick it up. The MacMillan's order is due November 1st. Thank-you,
Teresa Pullen & Alicia VanGinkel (Fundraising Chairs)

Program Assistants

We are always looking for adults that have skating skills to help on the ice for our CanSkate program on Wednesdays or Fridays. If interested, please come talk to us or send an email to Leanne at jrlhopkins@gmail.com.

Katelynn Innes Memorial Fun Competition

Theme: The Lion King
November 28th 2019

Monday & Thursday
Skaters



Upcoming Dates

Oct. 28, 2019	Halloween Party (Junior / Intermediate / Senior)
Oct. 30, 2019	Halloween Party - CanSkate (Wednesday & Friday Skaters) Times: 5:30 CanB/ 5:50: CanA
Oct. 31, 2019	No Skating
Nov. 1, 2019	Elmira Chicken Order Pick Up at Arena (5:30-6:20pm)
Nov. 1, 2019	MacMillan's Orders Due
Nov. 28, 2019	Fun Competition and Skate Swap
Dec. 1, 2019	Elmira Chicken Orders Due
Dec. 20, 2019	Christmas Party and P.A Christmas Party (Wednesday & Friday Skaters) Times: 6:00pm start
Dec. 23, 2019	No Skating
Dec. 25, 2019	No Skating
Dec. 26, 2019	No Skating
Jan. 1, 2020	No Skating
Jan. 2, 2020	Holiday Ice Show
Jan. 3, 2020	CanSkate Second Session Begins
Jan. 10, 2020	Elmira Chicken Orders Due

Cheers On Ice

Cheers on Ice booklets have been delayed. We will keep you posted when they will be handed out.
Thanks for your understanding!

***Please watch the bulletin board or Website for more information www.zorraskatingclub.ca